



PROACTIVITY[®] JOURNAL *plus*

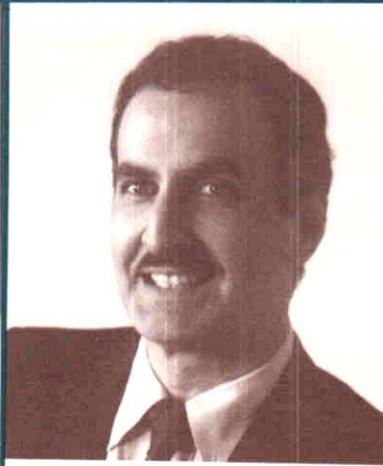
The Publication for Proactive People

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Inspirational leader, psychotherapist, lecturer, and author of eight books including the new *Real Magic*, *The Sky's the Limit*, *You'll See It When you Believe It*, and *Your Erroneous Zones* discusses "The Useless Emotions — Guilt and Worry."



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Dynamic platform speaker, Certified Management Consultant, award-winning author of 18 books including *Breathing Space: Living and Working at a Comfortable Pace in a Sped-Up Society* and *Marketing on a Shoestring* details the concepts of "Overworked Americans? or Overwhelmed Americans."